

Kidney *Chronicles*

END-STAGE RENAL DISEASE NETWORK OF NEW ENGLAND

OCTOBER 2015

HELPFUL TIPS
TO EMPOWER
ESRD PATIENTS
AS CONSUMERS



Improving Healthcare
for the Common Good®

Home Hemodialysis

Is Dialyzing at Home Right for You?

A leading provider of home hemodialysis reports that more than 90% of nephrologists say they would dialyze at home if they learned that they needed renal replacement therapy. Yet, more than 90% of people having dialysis in the United States go to a dialysis facility for treatment three times a week.

Home hemodialysis offers people on dialysis the chance to be more involved in their care, ultimately improving their overall quality of life.

Four Benefits of Dialyzing at Home

1. Improved Clinical

Outcomes – Home hemodialysis patients dialyze more frequently than in-center patients. This reduces the amount of fluid and toxins that build up between treatments. Dialyzing more often has been proven to lead to lower mortality rates, fewer negative side effects, and overall healthier kidney function.

2. Flexibility with Treatment Times – Home hemodialysis patients are able to dialyze in the comfort of their homes and at a time that works best for their busy schedules. By dialyzing at a time that works best for them, home hemodialysis patients are able to spend more time with their families and friends, as well as more time doing what they love. This



How the Network Serves You

- Advocates on your behalf;
- Answers your questions about treatment, modality choices or other issues;
- Develops and provides educational materials, i.e., newsletters, for you and your family;
- Works with renal professionals to improve the care provided to you;
- Helps keep you informed and updated to support your involvement in your care and treatment options; and
- Evaluates and resolves grievances.

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flexible treatment schedule allows home hemodialysis patients to live more “normal” lives and tends to make treatments more bearable.

3. Increased Involvement in

Care – Patients who choose to dialyze in the comfort of their homes often have a greater understanding of their disease and have more control over their condition. Increased involvement of patients in their care has been proven to allow home hemodialysis patients to be less fearful and less depressed in comparison to in-center patients.

4. Improved Quality of Life –

Home hemodialysis patients often have a better quality of life than in-center patients as a result of improved clinical outcomes, flexibility with treatment times, and an increased involvement in their care. All of these factors allow for home hemodialysis patients to live healthier, more fulfilling, and less stressful lives.

If you want to learn more about home hemodialysis, make sure to talk to your doctor today to see if home hemodialysis is right for you!

Dialysis Facility Compare

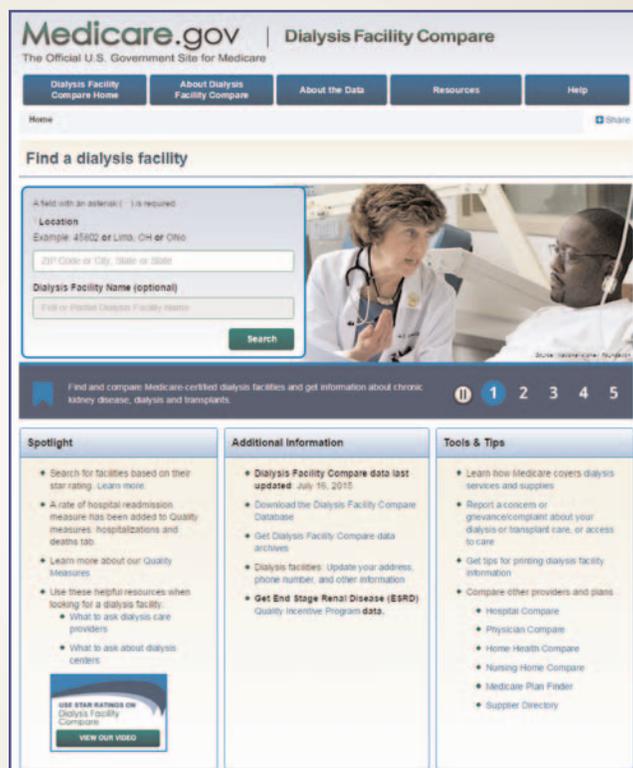
Find a dialysis center near you that offers home hemodialysis training.

Dialysis Facility Compare helps you to...

- Find reliable resources for managing kidney disease,
- Discover detailed information about Medicare-certified dialysis facilities, and
- Compare the quality of care that facilities provide.

If you are interested in home hemodialysis and you are an eligible candidate, use Dialysis Facility Compare to find dialysis facilities in your area that offer home hemodialysis training, and begin to improve your quality of life today!

Visit: www.medicare.gov/dialysisfacilitycompare/#



To file a grievance, please contact:

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